# CreativeFoods
## INGREDIENTS FOR LIFE

# Cauliflower Powder
# Organic Certified*
## BG75

| Description of Product | Cauliflower is a vegetable that has a mild flavor, low calories, and high fiber content, making it an ideal ingredient for diets. |
|---|---|
| Ingredients | 100% Organic Cauliflower. |
| Shelf Life | 24 months |
| Storage | Store at room temperature, in a cool, dry and well-ventilated place. |
| Allergen | No allergen |

## Organoleptic Characteristics

**Aspect:** Powder
**Color:** Light Brown Characteristic
**Smell:** Characteristic
**Flavor:** Characteristic

## Suggested Use
- As an ingredient in a healthy diet.
- Drinks, juices, supplements, pasta.
- Dressings, bakery, fillings, cereals, etc.

## Characteristics
- Contains antioxidants, coumarins, phthalides, vitamin C, calcium and iron.
- Supports digestion.
- Alkalizing effect.
- Reduces inflammation.
- Rich in vitamins and minerals.

## Packaging and net content
- Bulk: 25 kg bags

## Physicochemical Characteristics

| Parameter | | Specification |
|---|---|---|
| Humidity | % | 8.0 |
| Amount through 40 mesh | % | 15 |

## Microbiological analysis

| Parameter | | Specification |
|---|---|---|
| Total Count | CFU/g | ≤200,000 |
| Coliforms | CFU/g | ≤50,000 |
| Mold and Yeasts | CFU/g | ≤2000 |
| E. Coli | MPN/g | <10 |
| *Salmonella* | in375g | Absent |
| *Listeria Monocytogenes* | In25g | Absent |

## Additional Information

| Parameter | Typical Value |
|---|---|
| Heavy metals | Absent |
| Pesticide Waste | Absent |
| Additives | No |

**Nutritional Analysis 100g.**

# Nutrition Facts

250 servings per container

**Serving size**      **100g**

**Amount per serving**

## Calories     250

| | % Daily Value* |
|---|---|
| **Total Fat** 3g | **5%** |
| Saturated Fat 1g | **5%** |
| *Trans* Fat 0g | |
| **Cholesterol** 0mg | **0%** |
| **Sodium** 300mg | **12.5%** |
| **Total Carbohydrate** 49g | **16%** |
| Dietary Fiber 20g | **80%** |
| Total Sugars 19g | |
| Includes 0g Added Sugars | **0%** |
| **Protein** 19g | |
| Vitamin D 0 mcg | 0% |
| Calcium 250mg | 20% |
| Iron 1mg | 30% |
| Potassium 3500mg | 75% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

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